

STF Group Guide: Healing Faith Family Wounds

Announcements:

A Better Marriage Starts Here Conference: March 7 - 8

Pastor JJ and his wife Sharon will lead the "A Better Marriage Starts Here" workshop. Pastor JJ has been committed to helping marriages be all God intends for them to be. He and Sharon have been married for 32 years and have invested in their marriage and the marriages of countless married and pre-married couples.

3:16 on 3/16: March 16

Mark your calendars for March 16 as we come together with churches across the nation to celebrate 3:16 on 3/16! This special Sunday highlights John 3:16 and the incredible hope we find in Jesus. We encourage you to pray with your group for people in your life who don't know Jesus and invite someone to hear the Gospel on March 16!

Get more information and announcements at stfchurch.com/events

Discussion Questions:

1. What stood out to you from the sermon? Was there anything that challenged, convicted or confused you?

2. Nehemiah 5:6 says, "When I heard their outcry and these charges, I was very angry."
 - What causes Nehemiah's anger?

 - What is Nehemiah's first response to his anger?

 - What can we learn from Nehemiah's response to his anger?

 - What is typically your first response to your anger?

 - How can we differentiate between righteous anger and sinful anger?

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3. In what ways does Nehemiah's approach to conflict resolution align with Jesus' teachings in Matthew 18:15-17?
4. Why do you think conflicts within the church or faith community can be particularly painful?
5. How have you experienced both joy and pain from relationships within your faith family?
6. How do you typically respond to conflict? Do you tend to address issues immediately or wait and process your emotions first?
7. How can we distinguish between conviction from the Holy Spirit and condemnation from the enemy?

Practical Applications:

1. Reflect on any unresolved conflicts in your life. How can you apply the principles from this sermon to address them?
2. Practice the "pause and ponder" approach like Nehemiah when facing conflicts this week. Journal about how this impacts your responses.
3. If you've experienced church hurt, spend time in prayer asking God for healing and guidance on how to move forward.
4. Commit to memorizing Romans 8:1 as a reminder against condemnation.

Prayer:

- Encourage each member of your group to begin to pray for someone in their life who doesn't know Jesus. Commit to pray for them as a group.